

# BREAKFAST MENU



## Did you Know?

In February the Sun passes through zodiac constellations Capricorn us and Aquarius. In addition, most years February begins on the same day of the week as March and November. During leap years February begins on the same day of the week as August. <https://wiki.kidzsearch.com/wiki/February>

## Payments

- You can now easily make payments online at EzShoolPay.com. (A \$2.00 convenience fee will apply)
- Make all checks payable to NUSD


## Meal Prices

**Student Lunch \$2.65**  
**Adult Lunch \$3.60**  
**Reduced Lunch \$ .40**  
**Breakfast \$1.00**  
**Reduced Breakfast \$ .30**  
**Milk \$.25**

## Discrimination Statement

In the operation of Child Nutrition Programs, no person will be discriminated against because of race, color, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the Secretary of Agriculture, Washington D.C. 20250. Note: Cereal is available daily as a substitute item for breakfast. Variety of milk offered daily. Items on the menu are subject to change without notice due to the availability of some food items.

# February 2018

| Monday   | Tuesday   | Wednesday  | Thursday  | Friday          | Saturday | Sunday |
|--|---|--|---|-----------------|----------|--------|
|  |   |  | 1<br>WG Mini Waffle<br>Applesauce<br>100% Juice<br>Milk                   | 2<br>No School  | 3        | 4      |
| 5<br>Frosted Flakes-<br>Reduced Sugar<br>Small Apple,<br>100% Juice<br>Milk  | 6<br>Strawberry Mini<br>Pancake<br>Applesauce<br>100% Juice<br>Milk | 7<br>WG Banana Bread<br>Cherry Applesauce<br>100 % Juice<br>Milk | 8<br>Banana Choco<br>Chunk Bar<br>Berry Applesauce<br>100 % Juice<br>Milk | 9<br>No School  | 10       | 11     |
| 12<br>Trix-Reduced Sugar<br>Small Apple,<br>100% Juice<br>Milk   | 13<br>WG Breakfast Pizza<br>Applesauce<br>100% Juice<br>Milk        | 14<br>WG French Toast<br>Cherry Applesauce<br>100% Juice<br>Milk | 15<br>Sweet Potato<br>Choco Chip Muffin<br>Top<br>LG Red Apple<br>Milk    | 16<br>No School | 17       | 18     |
| 19<br>NO SCHOOL<br>Presidents Day<br> | 20<br>Bagelful<br>Berry Applesauce<br>100% Juice<br>Milk            | 21<br>WG Cherry Frudel<br>Berry Applesauce<br>100% Juice<br>Milk | 22<br>WG Cinnamon<br>Bkfst Round<br>Applesauce<br>100% Juice<br>Milk      | 23<br>No School | 24       | 25     |
| 26<br>WG Cinnamon Bun<br>Applesauce<br>100% Juice<br>Milk  | 27<br>WG Zucchini Bread<br>LG Red Apple<br>Milk                     | 28<br>WG Cocoa Donut<br>Applesauce,<br>100% Juice<br>Milk        |   |                 |          |        |
|  |   |  |   |                 |          |        |

**Nutrition Information:** Cycle Week 1: Calories 1930, Sodium 1495mg, Meat/MA 2, Grain/Bread 7 Cycle Week 2: Calories 1830, Sodium 1920 mg, Meat/MA 2, Grain/Bread 6.75. Cycle Week 3: Calories 1990, Sodium, 1616 mg, Meat/MA 0, Grain/Bread 8 Cycle Week 4: Calories 1781, Sodium 1320 mg, Meat/MA 0, Grain/Bread 7