

BREAKFAST MENU



Did you Know?

The world's first breakfast cereal was created in 1863, and it needed to soak overnight to be chewable the next day. <http://www.shakeupyourwakeup.com>

Payments

- You can now easily make payments online at EzShoolPay.com. (A \$2.00 convenience fee will apply)
- Make all checks payable to NUSD

Meal Prices

Student Lunch \$2.55

Adult Lunch \$3.35

Reduced Lunch \$.40

Breakfast \$1.00

Reduced Breakfast \$.30

Milk \$.25

Discrimination Statement

In the operation of Child Nutrition Programs, no person will be discriminated against because of race, color, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the Secretary of Agriculture, Washington D.C. 20250. Note: Cereal is available daily as a substitute item for breakfast. Variety of milk offered daily. Items on the menu are subject to change without notice due to the availability of some food items.

February 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Chocolate Donut Berry Applesauce Apple Juice Milk	2 Maple Mini Waffle Applesauce Apple Juice Milk	3 No School	4	5
6 Honey Nut Cheerios Graham Cracker Craisins, OJ & Milk	7 Strawberry Mini Pancakes Applesauce Apple Juice Milk	8 Sausage on a Stick Applesauce Juice & Milk	9 Choco Chip Breakfast Bar Berry Applesauce OJ & Milk	10 No School	11	12
13 Sweet Potato Choco Chip Muffin Top Large Red Apple Milk	14 Breakfast Bagel Pizza Applesauce Apple Juice Milk	15 French Toast Craisins Apple Juice Milk	16 Breakfast Burrito Berry Applesauce OJ & Milk	17 No School	18	19
20 No School	21 Frosted Flakes Choco Chip Granola Bar Applesauce, Juice & Milk	22 Cherry Frudel Berry Applesauce Orange Juice Milk	23 Cinnamon Bun Berry Applesauce Orange Juice Milk	24 No School	25	26
27 Cinn. Breakfast Bar Large Red Apple Milk	28 Bagel w/ Cream Cheese Peach Applesauce Grape Juice, Milk					

Nutrition Information: Cycle Week 1: Calories 2471, Sodium 2633mg, Meat/MA 2, Grain/Bread 8.5 Cycle Week 2: Calories 2451, Sodium 2420mg, Meat/MA 2, Grain/Bread 8.5, Cycle Week 3: Calories 2458, Sodium, 2298mg, Meat/MA 1, Grain/Bread 8 Cycle Week 4: Calories 2494, Sodium 2245mg, Meat/MA 1, Grain/Bread 8.35