

BREAKFAST MENU



Did you Know?

It is also believed St. Patrick drove all the snakes out of Ireland. However, post-glacial Ireland never actually had snakes. Many believe that the term "snakes" referred to the serpent symbolism of the Druids of that time and place. Today, there are no snakes to be found! <https://kidsconnect.com/holidays-seasons/saint-patricks-day/>

Payments

- You can now easily make payments online at EzShoolPay.com. (A \$2.00 convenience fee will apply)
- Make all checks payable to NUSD

Meal Prices

Student Lunch \$2.55

Adult Lunch \$3.35

Reduced Lunch \$.40

Breakfast \$1.00

Reduced Breakfast \$.30

Milk \$.25

Discrimination Statement

In the operation of Child Nutrition Programs, no person will be discriminated against because of race, color, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the Secretary of Agriculture, Washington D.C. 20250. Note: Cereal is available daily as a substitute item for breakfast. Variety of milk offered daily. Items on the menu are subject to change without notice due to the availability of some food items.

March 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Chocolate Donut Berry Applesauce Apple Juice Milk	2 Maple Mini Waffle Berry Applesauce Apple Juice Milk	3 No School	4	5
6 Honey Nut Cheerios Graham Cracker Craisins, OJ & Milk	7 Strawberry Mini Pancakes Applesauce Apple Juice Milk	8 Sausage on a Stick Berry Applesauce Juice & Milk	9 Choco Chip Breakfast Bar Applesauce Juice & Milk	10 No School	11	12
13 Frosted Flakes Granola Cho. Chip Bar, Large Red Apple Milk	14 Breakfast Wrap Berry Applesauce Grape Juice Milk	15 Cherry Frudel Peach Applesauce Grape Juice Milk	16 Cinnamon Bun Pear OJ & Milk	17 No School	18	19
20 Spring Break	21 Spring Break	22 Spring Break	23 Spring Break	24 No School	25	26
27 Cinn. Breakfast Bar Large Red Apple Milk	28 Bagel w/ Cream Cheese Strawberry Applesauce Grape Juice, Milk	29 Chocolate Donut Cherry Applesauce Apple Juice Milk	30 Maple Mini Waffle Applesauce Apple Juice Milk	31 No School		

Nutrition Information: Cycle Week 1: Calories 2471, Sodium 2633mg, Meat/MA 2, Grain/Bread 8.5 Cycle Week 2: Calories 2451, Sodium 2420mg, Meat/MA 2, Grain/Bread 8.5, Cycle Week 3: Calories 2458, Sodium, 2298mg, Meat/MA 1, Grain/Bread 8 Cycle Week 4: Calories 2494, Sodium 2245mg, Meat/MA 1, Grain/Bread 8.35