LUNCH MENU

Kitchen Fun with My 3 Sons

May   2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 **Chicken Fajita** Pinto Beans FFV Bar Milk	2 **Taco Salad** Refried Beans FFV Bar Milk	3 **Hot Dog** Potato Wedges FFV Bar, Milk	4 **Grilled Cheese** Sun Chips, FFV Bar, Milk	5 **No School**	6	7
8 **Sloppy Joe On a Bun** Potato Wedges FFV Bar Milk	9 **Pizza** Tossed Salad, Oreo Cookie, Frozen Fruit Bar, FFV Bar Milk	10 **Macaroni & Cheese w/ Chicken Nuggets** Peas, FFV Bar Milk	11 **Country Fried Steak** Mashed Potato, Gravy, Corn, FFV Bar, Milk	12 **No School**	13	14
15 **Managers Choice**	16 **Managers Choice**	17 **Managers Choice**	18 **Managers Choice**	19 **No School**	20	21
22 **Managers Choice**	23 **Managers Choice**	24 **Managers Choice LAST DAY OF SCHOOL**	25 **SUMMER VACATION**	26 **SUMMER VACATION**	27	28
29 **SUMMER VACATION**	30 **SUMMER VACATION**	31 **SUMMER VACATION**				

Nutritional Information: Cycle Week 1: Calories 3142, Sodium 4657mg, Meat/MA 10, Grain/Bread 9 Cycle Week 2: Calories 3164, Sodium 4628mg, Meat/MA 9, Grain/Bread 8.75 Cycle Week 3: Calories 3181, Sodium 5039mg, Meat/MA 10 Grain/Bread 8.75 Cycle Week 4: Calories 3226, Sodium 4483mg, Meat/MA 10, Grain/Bread 8.5 Cycle Week 5: Calories 3242, Sodium 5052, Meat/MA 10, Grain/Bread 8.5 Cycle Week 6: Calories 3165, Sodium 4995, Meat/MA 10, Grain/ Bread 8.5